



---

# LightSpring Transformations

*LightSpring Transformations*

## Releasing Patterns that Bind You

**Price: \$10.00**

Channeling from Polaris:

All of you become habituated to certain patterns. They can be patterns of thought, patterns of behavior or they can simply be energetic patterns that you wrap around you to disguise part of you from yourself. And while comforting at times, these patterns also provide you with limitation. You know when it is time to begin releasing some of them: you are able to identify them and you feel bound by them.

This visualization will assist you in that process with releasing the patterns that bind you.

This is a channeled guided visualization with sound effects, music, binaural beats, and an invitation to connect deeply with Polaris.

[Vendor Information](#)