



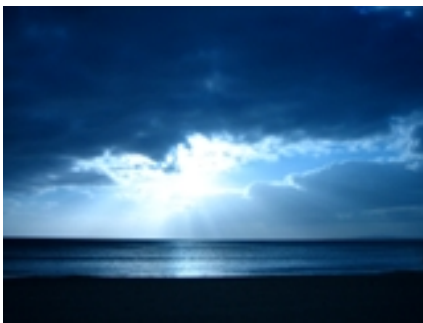
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# LightSpring Transformations

*LightSpring Transformations*

## Releasing Blocks of Emotion : A channeled guided visualization

Price: \$10.00



This is a channeled guided meditation channeled by Karen Murphy.

This is part of a series of channeled guided meditations designed to assist you with releasing energetic blocks in your body and energetic makeup. This particular meditation focuses on releasing emotional blocks. It is a wonderful supplement to any path of releasing past habits, associations, defenses, or patterns.

This downloadable audio file is augmented with gentle and appropriate nature sounds, binaural beats, and atmospheric music. It is a greatly enhanced way to enlist the help of Polaris.

17 min.

*The file is in mp3 format. You will automatically receive a download link via email when your purchase is accepted. If you desire a CD to be mailed to you, please contact Karen. A small shipping charge will apply.*

[Vendor Information](#)

